



How to enter: Like/Follow @soulstyleproject on Facebook and Instagram and use #soulstylebingo when you post your picture!

Click the links for inspiration!

<u>Create your mantra—today you are perfect</u>	<u>Buy yourself flowers and arrange them in a beautiful bouquet</u>	<u>Refresh your work/school space</u>	<u>Go for a scenic walk on a local trail</u>	<u>Meditate—or sneak away for 20 minutes of quiet time</u>
<u>Listen to your favorite album from start to finish</u>	<u>Host a Virtual trivia night with friends</u>	<u>Journal moments of gratitude</u>	<u>Catch up with good friends</u>	<u>Do something daring</u>
<u>Make a drip paint project</u>	<u>Plan a picnic</u>		<u>Have a chopped dinner party.</u>	<u>Wear your soul style outfit and caption #ootd #soulstyle</u>
<u>Follow @essentialluxury.ofyou on insta for some daily dose of love</u>	<u>Create a dream board—manifest those dreams!</u>	<u>Play with play dough</u>	<u>Play Charades</u>	<u>DIY face mask and treat yourself to some me time</u>
<u>Clear the clutter for 20 minutes</u>	<u>DIY bath salts</u>	<u>Doodle a day for a week</u>	<u>Experiment with watercolor</u>	<u>Listen to your favorite podcast</u>